



KLASYFIKACJA GENERALNA - MAŁOPOLSKA ETAPOWA TRIADA - 2023 ZIMA - ULTRA

POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
1	1	ŻOCHOWSKI DANIEL	ŻÓRAWSKI TEAM	U - M	318	01:22:09	00:31:17	02:02:09	3:55:35
2	2	JACHYMIAK ROBERT	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	U - M	232	01:28:53	00:32:43	02:12:34	4:14:10
3	3	DZIERWA MARCIN	NOWA HUTA TEAM	U - M	220	01:29:29	00:34:10	02:16:12	4:19:52
4	4	BUJAŁA MICHAŁ	DABEX-BOLT	U - M	207	01:34:05	00:35:43	02:23:31	4:33:19
5	5	KAMELA ROBERT	LEŚNE SZYCHY	U - M	240	01:34:38	00:37:06	02:25:05	4:36:48
6	6	CHWEDCZUK ROBERT	ŻÓRAWSKI TEAM	U - M	211	01:39:39	00:36:29	02:29:23	4:45:31
7	7	TAJCHMAN JAROSŁAW		U - M	301	01:38:03	00:37:41	02:37:13	4:52:57
8	8	BOHUN DAWID	PEPITKA TEAM	U - M	205	01:45:08	00:40:34	02:35:32	5:01:14
9	9	URBANEK PATRYK		U - M	304	01:45:32	00:38:48	02:38:42	5:03:02
10	10	MIGACZ JACEK	TRAILRUN KRAKÓW	U - M	269	01:45:31	00:41:08	02:39:27	5:06:06
11	11	KONARSKI TOMASZ	DREAM RUN	U - M	250	01:49:15	00:40:31	02:38:49	5:08:35
12	12	NOWOSIELSKI GRZEGORZ	ŻÓRAWSKI TEAM	U - M	321	01:49:46	00:42:08	02:39:27	5:11:21
13	13	STUDZIŃSKI MATEUSZ	***** **	U - M	294	01:50:55	00:41:10	02:40:59	5:13:04
14	14	PRELICH KAMIL		U - M	278	01:51:22	00:43:39	02:39:11	5:14:13
15	15	KOZYRA PAWEŁ	RUNNERPAWCISLAW	U - M	320	01:45:50	00:44:01	02:45:50	5:15:41
16	16	PRELICH TOMASZ	DABEX-BOLT	U - M	279	01:51:37	00:39:26	02:46:17	5:17:20
17	17	STANKIEWICZ TOMASZ		U - M	288	01:50:26	00:41:59	02:45:01	5:17:26
18	18	WANTULOK PAWEŁ	WKURW_TEAM	U - M	305	01:51:08	00:39:17	02:47:38	5:18:04
19	19	MACIEJEWSKI ŁUKASZ	SOCIOS SILESIA	U - M	262	01:50:52	00:40:45	02:48:12	5:19:49



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
20	20	WAŚNIEWSKI ALBERT	SBRT WARSZAWA	U - M	308	01:48:56	00:40:20	02:55:31	5:24:47
21	21	GĘDŁEK ŁUKASZ	TRIWISE	U - M	226	01:58:32	00:41:59	02:44:40	5:25:11
22	22	BEREŚ ARKADIUSZ		U - M	202	01:43:46	00:35:33	03:09:18	5:28:37
23	23	WARZECHA KAMIL		U - M	307	01:57:18	00:43:12	02:51:11	5:31:41
24	24	FOLFASIŃSKI PIOTR		U - M	223	02:01:27	00:45:50	02:50:52	5:38:10
25	25	KŁOS ŁUKASZ	ASICSFRONTRUNNER POLAND	U - M	248	01:59:30	00:45:39	02:53:25	5:38:33
26	26	KLIMCZAK MARCIN	BURCAK TEAM	U - M	246	02:01:03	00:44:42	02:57:01	5:42:46
27	27	WÓJCIK ADRIAN	SZAKALE BAŁUT ŁÓDŹ	U - M	315	02:00:43	00:47:26	02:55:16	5:43:25
28	28	STAWOWCZYK WALDEMAR	KB SPARTAKUS BEŁCHATÓW	U - M	290	01:59:47	00:45:29	02:59:10	5:44:27
29	1	SZWAJKA ANETA	STAJNIA BALONA	U - K	298	02:06:43	00:48:19	02:53:41	5:48:43
30	29	OLBRICH ARTUR		U - M	274	02:07:00	00:42:16	02:59:59	5:49:15
31	2	BIEŃCZAK ZUZANNA	ASICS FRONTRUNNER POLAND	U - K	203	02:07:35	00:45:04	02:58:01	5:50:40
32	30	ŁADNO PAWEŁ	WE RUN CLAN	U - M	255	02:06:00	00:44:31	03:01:47	5:52:18
33	3	WÓJCICKA WIOLETA		U - K	314	02:06:57	00:45:50	02:59:57	5:52:44
34	31	GAJEWSKI MAREK	ADIDAS RUNNERS WARSAW	U - M	224	02:04:43	00:45:25	03:04:26	5:54:34
35	32	CEBO ARTUR		U - M	208	02:00:39	00:48:16	03:06:33	5:55:28
36	33	ZIOBRO TOMASZ	KROSNO MIASTO SZKŁA	U - M	317	02:16:03	00:49:32	03:07:00	6:12:35
37	34	ŁAWRENCZUK PAWEŁ	RAJSPORT ACTIVE	U - M	258	02:06:32	00:52:34	03:16:06	6:15:12
38	4	STEFANIAK ASIA		U - K	291	02:18:45	00:47:57	03:10:38	6:17:20
39	35	CHMIELARCZYK JAROSŁAW		U - M	210	02:16:04	00:47:12	03:22:20	6:25:36



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
40	5	SZUBERT-WALENCZAK MAGDALENA	TEAM ZABIEGANEDNI	U - K	297	02:19:03	00:48:06	03:19:48	6:26:57
41	6	MATYSIK MARTA	WYZNAWCY BRONKA LIBIĄŻ	U - K	265	02:15:57	00:51:10	03:21:38	6:28:45
42	36	RAK ŁUKASZ	JASIELSKIE STWARZYSZENIE CYKLISTÓW	U - M	280	02:16:42	00:51:16	03:21:20	6:29:18
43	7	CZEPIEL-RAK KATARZYNA	JASIELSKIE STOWARZYSZENIE CYKLISTÓW	U - K	215	02:16:43	00:51:15	03:21:20	6:29:19
44	8	EFEMBERG JOANNA	STAJNIA BALONA	U - K	221	02:19:49	00:50:15	03:21:05	6:31:09
45	37	KLAR MAREK	BEZ	U - M	245	02:22:52	00:50:37	03:18:13	6:31:43
46	38	ŁATKOWSKI ŁUKASZ	GRUPA BIEGOWA CHTMO	U - M	257	02:24:03	00:53:48	03:19:37	6:37:28
47	9	BIGOŚ MONIKA	BIEGAM SAMA SOBIE	U - K	204	02:21:05	00:52:32	03:25:09	6:38:46
48	39	FORDHAM ROBERT	ADIDAS RUNNERS WARSAW	U - M	322	02:22:27	00:52:55	03:27:10	6:42:32
49	40	DERDA MARIUSZ	AKTYWNY DYNÓW	U - M	216	02:13:36	01:00:46	03:28:26	6:42:48
50	10	SUJECKA URSZULA	KB SPARTAKUS BEŁCHATÓW	U - K	295	02:22:53	00:54:34	03:27:10	6:44:36
51	41	MICHALAK SŁAWOMIR	INZYNIER.EU NOSI TRAILOWE BOTKI	U - M	267	02:24:27	00:54:13	03:28:56	6:47:37
52	42	GOLEŚ GRZEGORZ	ULTRA WYJADACZE	U - M	228	02:20:43	00:52:10	03:36:58	6:49:50
53	43	MNICH JAN	ULTRA WYJADACZE	U - M	270	02:21:25	00:52:25	03:36:58	6:50:48
54	44	GINTER GRZEGORZ	AZS COLLEGIUM MEDICUM UJ	U - M	227	02:22:38	00:52:25	03:37:35	6:52:39
55	11	STRUŚ KATARZYNA	KKM KALORYFER	U - K	293	02:19:38	00:58:55	03:36:27	6:55:00
56	45	POLEK WITOLD	AD.CONTROL TEAM	U - M	277	02:27:46	00:54:49	03:33:26	6:56:01
57	46	CZAPSKI PIOTR		U - M	214	02:30:21	00:55:12	03:30:40	6:56:13
58	47	BARCIK WITOLD	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	U - M	201	02:19:18	00:52:56	03:46:10	6:58:24
59	48	RZEPKA TOMASZ	HTF-LUDWIK SIKORSKI	U - M	283	02:21:09	00:55:43	03:42:00	6:58:52



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
60	49	GRAD TOMASZ	MARKOWI BIEGACZE	U - M	230	02:29:12	00:51:11	03:40:09	7:00:32
61	50	SZRENIAWA WALDEMAR	MIRAZ RACE TEAM	U - M	296	02:56:19	01:11:49	02:53:29	7:01:37
62	51	DRACHAL KRZYSZTOF		U - M	217	02:17:35	00:52:11	03:55:07	7:04:53
63	52	KANTORSKI DARIUSZ	KANTI_TEAM	U - M	242	02:26:51	00:56:30	03:41:58	7:05:19
64	12	CEBO KATARZYNA		U - K	209	02:35:10	00:56:35	03:36:12	7:07:57
65	53	JĘDRZEJCZYK TOMASZEK	CHYBA NIE DAM RADY	U - M	238	02:28:07	00:56:52	03:43:35	7:08:33
66	13	ŚWIERK KAROLINA	NIGHT RUNNERS	U - K	300	02:40:58	00:57:15	03:32:24	7:10:37
67	14	WOJEWÓDZKA ANNA	WOJEWÓDZCY TEAM	U - K	313	02:30:10	00:59:33	03:41:56	7:11:39
68	15	MAKAREWICZ SYLWIA		U - K	263	02:28:44	00:57:32	03:49:07	7:15:23
69	54	WIŚNIEWSKI MICHAŁ		U - M	312	02:34:28	00:54:23	03:48:16	7:17:07
70	16	KARAŚ-GMITRZUK MARZENA	BESTIE OCR LEGIONOWO	U - K	243	02:42:53	01:01:22	03:33:22	7:17:38
71	17	GUSZCZA EWA	MARKOWI BIEGACZE	U - K	231	02:46:14	00:52:14	03:40:08	7:18:36
72	18	JANIK JUSTYNA	RUNPROGRESS.PL BY TOMASZ KAWIK	U - K	234	02:40:34	00:59:54	03:38:09	7:18:37
73	19	DUDZIC JOANNA	KB SPARTAKUS BEŁCHATÓW	U - K	219	02:39:32	00:57:46	03:42:19	7:19:37
74	55	TYRAŁA KAROL	N/A	U - M	302	02:17:36	00:47:42	04:15:03	7:20:21
75	56	ZAKRZEWSKI JAROSLAW		U - M	316	02:28:56	00:57:48	03:57:59	7:24:43
76	20	KRZESIŃSKA RENATA	RENE BIEGA	U - K	251	02:40:13	01:00:05	03:47:31	7:27:49
77	21	KOŁODZIEJ AGATA	KONIU SQUAD	U - K	249	02:37:03	00:58:31	03:57:03	7:32:37
78	57	UCIŃSKI GRZEGORZ		U - M	303	02:19:48	00:50:10	04:22:50	7:32:48
79	58	POCIĘGIEL MICHAŁ	SKAWINA BIEGA	U - M	276	02:36:45	01:02:23	03:56:17	7:35:25



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
80	59	LELONKIEWICZ RAFAŁ	MARKOWI BIEGACZE	U - M	254	02:46:14	00:59:47	03:52:11	7:38:12
81	60	SASIN ANDRZEJ		U - M	285	02:41:16	00:57:08	04:08:01	7:46:25
82	61	PIETROŃ ŁUKASZ	OBSTACLE CENTER TEAM	U - M	319	03:13:54	00:47:49	03:44:45	7:46:28
83	62	RUDNIK JAROSŁAW		U - M	281	02:41:16	00:58:51	04:08:00	7:48:07
84	63	KANCIRUK PAWEŁ	NIGHT RUNNERS KRAKÓW	U - M	241	02:40:56	01:03:34	04:05:26	7:49:56
85	64	GAJEWSKI ZENON	ZABIEGANI CZĘSTOCHOWA	U - M	225	02:50:04	01:02:18	03:59:42	7:52:05
86	65	ŁUKASIAK ADAM		U - M	260	03:23:18	01:20:34	03:09:49	7:53:40
87	22	ŁATKOWSKA MONIKA	GRUPA BIEGOWA CHTMO	U - K	256	02:34:48	01:03:20	04:17:13	7:55:21
88	66	NOWAK KRZYSZTOF	SPARTAN TRAINING GROUP TARNÓW	U - M	273	02:39:29	01:04:43	04:13:51	7:58:03
89	23	MASTALERZ KATARZYNA	DZIENNIK CZASÓW ZARAZY	U - K	264	02:46:04	00:59:52	04:13:52	7:59:48
90	24	STACHOWIAK MAGDA	RUN TEAM RYDZYNA	U - K	287	03:02:38	01:00:36	04:00:03	8:03:18
91	25	STAROŃSKA MAGDA	BIEGAM NA TARCHOMINIE	U - K	289	02:49:55	01:04:11	04:17:13	8:11:20
92	67	KIEŁBUS MIROSŁAW		U - M	244	03:14:26	01:10:46	03:53:57	8:19:10
93	68	WARA-WĄSOWSKI MACIEJ	SZAKALE BAŁUT ŁÓDŹ	U - M	306	02:56:26	01:03:32	04:22:36	8:22:34
94	26	CIOCHOŃ AGNIESZKA		U - K	213	03:02:49	01:08:48	04:20:10	8:31:47
95	27	NOWACZEK ALEKSANDRA	MULTIMEDIA RUNNERS PUŁAWY	U - K	271	03:10:10	01:06:47	04:20:23	8:37:20
96	69	WENERSKI ANDRZEJ	MULTIMEDIA RUNNERS PUŁAWY	U - M	310	03:09:42	00:55:03	04:34:06	8:38:50
97	70	WRÓBEL DARIUSZ	TEAM ZABIEGANEDNI	U - M	152	03:01:48	01:06:44	04:30:50	8:39:23
98	28	KURAN HALINA	WATAHA	U - K	252	03:11:37	00:57:34	04:39:19	8:48:30
99	29	WENERSKA MAŁGORZATA	MULTIMEDIA RUNNERS PUŁAWY	U - K	309	03:10:10	01:09:58	04:34:06	8:54:14



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
100	71	DRĄG BARTEK	FIZJO_TRAIL	U - M	218	03:35:20	00:59:41	04:21:53	8:56:54
101	30	SITEK ANNA		U - K	286	03:35:20	00:59:41	04:21:53	8:56:54
102	31	JÓŹWIAK DOMINIKA	WARRIORS ŁÓDŹ	U - K	239	03:20:34	01:12:00	04:39:09	9:11:43
103	32	GOŁASZEWSKA JOLANTA	RCR	U - K	229	03:22:45	01:14:56	04:34:19	9:12:00
104	72	JANISZEWSKI DARIUSZ	RCR	U - M	235	03:22:45	01:14:57	04:34:18	9:12:00
DNF	DNF	JEZIERSKA KARINA	12TRI.PL / TEAM ZABIEGANEDNI	U - K	237	03:12:55	01:08:05	DNS	DNF
DNF	DNF	PISKORZ SEBASTIAN		U - M	275	03:11:36	DNS	04:39:18	DNF
DNF	DNF	WICENBACH ARKADIUSZ		U - M	311	01:39:35	00:35:03	DNS	DNF
DNF	DNF	JAWORSKI KRZYSZTOF	VISEGRAD MARATON RYTRO	U - M	236	01:39:13	DNS	DNS	DNF
DNF	DNF	ŁYSCARZ JÓZEF	100 MARATHON CLUB POLSKA	U - M	261	02:44:46	DNS	DNS	DNF
DNF	DNF	TUREK PRZEMYSŁAW	PIĘKNE I BRODACZE	U - M	323	DNS	DNS	04:39:21	DNF
DNF	DNF	ANTOSIAK ANNA	KB SPARTAKUS BEŁCHATÓW	U - K	200	DNS	DNS	DNS	DNF
DNF	DNF	BOROŃ JAKUB		U - M	206	DNS	DNS	DNS	DNF
DNF	DNF	CIECIOROWSKA ALEKSANDRA	OF-ROAD RUNNERS	U - K	212	DNS	DNS	DNS	DNF
DNF	DNF	FILOSEK PAWEŁ		U - M	222	DNS	DNS	DNS	DNF
DNF	DNF	KŁOPOT GRAZYNA STANISŁAWA	MULTIMEDIA RUNNERS PUŁAWY	U - K	247	DNS	DNS	DNS	DNF
DNF	DNF	LATANOWICZ RAFAŁ	MULTIMEDIA RUNNERS PUŁAWY	U - M	253	DNS	DNS	DNS	DNF
DNF	DNF	MAZURKIEWICZ KRZYSZTOF		U - M	266	DNS	DNS	DNS	DNF
DNF	DNF	NOWAK EWELINA	SPARTAN TRAINING GROUP TARNÓW	U - K	272	DNS	DNS	DNS	DNF
DNF	DNF	RUTKOWSKA MILENA	MULTIMEDIA RUNNERS	U - K	282	DNS	DNS	DNS	DNF



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
DNF	DNF	SACZUK MAGDA	SOCIOS SILESIA	U - K	284	DNS	DNS	DNS	DNF
DNF	DNF	STEFANIAK MATEUSZ		U - M	292	DNS	DNS	DNS	DNF
DNF	DNF	ŚWIĄTEK ANNA		U - K	299	DNS	DNS	DNS	DNF