



KLASYFIKACJA GENERALNA - MAŁOPOLSKA ETAPOWA TRIADA - 2023 ZIMA - INTRO

POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
1	1	PACHUT JERZY		I - M	492	01:26:05	00:33:15	00:54:56	2:54:17
2	2	SIOŁA KAROL	DYNAFIT	I - M	517	01:26:52	00:32:25	00:55:48	2:55:06
3	3	BOROŃSKI STEFAN	ŻÓRAWSKI TEAM	I - M	404	01:34:11	00:35:10	00:59:12	3:08:34
4	4	ZYGMUNT TOMASZ	ULTRA WYJADACZE	I - M	550	01:36:03	00:34:49	00:58:54	3:09:46
5	5	SZCZEPANIAK DAMIAN	KAMIENICA	I - M	554	01:36:56	00:35:49	01:02:23	3:15:08
6	6	KĘDZIORA BOGUMIŁ	KONIU SQUAD	I - M	446	01:46:00	00:40:04	01:07:06	3:33:10
7	7	PAŁKA TOMASZ	KB PARANTELA	I - M	494	01:44:52	00:40:02	01:08:45	3:33:39
8	8	BROL PIOTR	ENDURANCE TEAM	I - M	406	01:45:11	00:41:13	01:07:56	3:34:20
9	1	KRASZPULSKA MAGGIE	ŻÓRAWSKI TEAM	I - K	458	01:53:18	00:39:09	01:09:22	3:41:49
10	2	KŁODA DOMINIKA	ASICS FRONTRUNNER POLAND	I - K	448	01:49:53	00:41:22	01:11:32	3:42:47
11	9	LETKOWSKI DARIUSZ	GAPMONT RUNNING TEAM	I - M	465	01:49:13	00:43:15	01:10:45	3:43:13
12	3	LIS-PASIONEK MAŁGORZATA	TEAM LESKO	I - K	468	01:49:31	00:44:53	01:09:23	3:43:47
13	10	SUCHANEK DOMINIK	ITMBW KRAKÓW	I - M	801	01:50:33	00:42:42	01:12:15	3:45:30
14	4	IEVTUKH MARGARYTA	SDTEAM	I - K	433	01:52:59	00:42:01	01:14:21	3:49:21
15	11	GRZEGORZ GRUSZKA	ENDURANCE TEAM	I - M	430	01:52:33	00:43:54	01:14:01	3:50:28
16	12	NIEDŹWIEDŹ TOMASZ	SOBASTEAM	I - M	487	01:52:24	00:44:06	01:14:06	3:50:36
17	13	BEDNARCZYK MARCIN		I - M	400	01:51:16	00:46:42	01:13:09	3:51:07
18	14	MAZUREK DARIUSZ	RZESZOWSKIE GAZELE I GEPARDY	I - M	482	01:58:02	00:41:37	01:11:34	3:51:13
19	15	SZPUNAR MAREK		I - M	526	01:52:51	00:43:51	01:15:07	3:51:48



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20	5	KAMYKOWSKA EWA	RUNONLINE.PL	I - K	441	02:00:13	00:45:45	01:17:43	4:03:42
21	16	KŁOSOK ADAM	INŻYNIERIA BIEGANIA	I - M	449	01:59:40	00:49:49	01:14:58	4:04:27
22	6	SUCHANEK AGNIESZKA	ITMBW KRAKÓW	I - K	523	02:00:02	00:46:56	01:18:14	4:05:11
23	17	SURUS ARTUR	KONIU SQUAD	I - M	555	02:06:03	00:46:17	01:14:12	4:06:31
24	18	PAWŁOWSKI MICHAŁ		I - M	553	01:58:26	00:43:47	01:25:53	4:08:06
25	19	HANUSIAK LESZEK	KONIU SQUAD	I - M	432	01:59:24	00:48:05	01:22:51	4:10:21
26	20	WIATR WOJCIECH	ENDURANCE TEAM	I - M	533	02:06:18	00:45:52	01:18:17	4:10:27
27	21	JAKIMIUK ADAM	PĘDZĄCE ŚLIMAKI ŁOSICE	I - M	435	02:08:18	00:46:40	01:17:28	4:12:25
28	22	ŁYSY ANDRZEJ	ENDURANCE TEAM	I - M	473	02:01:59	00:49:29	01:22:16	4:13:44
29	23	PTAK MICHAŁ	ASICS FRONTRUNNER POLAND	I - M	510	02:11:11	00:46:51	01:16:50	4:14:52
30	24	DZIERŻYŃSKI ŁUKASZ	KS BARAKUDA	I - M	420	02:07:23	00:48:20	01:20:53	4:16:36
31	25	WÓLKIEWICZ PAWEŁ	OX5	I - M	542	02:09:22	00:49:30	01:21:44	4:20:36
32	26	BOŁDYS PAWEŁ	TRENER BIEGACZY RUNONLINE.PL	I - M	402	02:09:57	00:49:59	01:22:11	4:22:08
33	27	PAPIERKOWSKI ROBERT	ENDURANCE TEAM	I - M	496	02:10:17	00:49:08	01:25:12	4:24:37
34	28	MAZGAJ KONRAD	KONIU SQUAD	I - M	481	02:15:23	00:48:04	01:21:23	4:24:49
35	29	ŻYLSKI JANUSZ	KONIU SQUAD	I - M	552	02:14:04	00:49:19	01:21:27	4:24:49
36	30	WOŹNIAK JANUSZ	PORMAT JEDLICZE BIEGA	I - M	537	02:14:34	00:48:54	01:22:54	4:26:22
37	31	LEWCZUK NORBERT	BIEGACZE POMAGACZE/EDYTA LEWANDOWSKA TEAM	I - M	466	02:08:55	00:50:54	01:26:42	4:26:31
38	32	CIEKAŃSKI MICHAŁ		I - M	412	02:10:31	00:52:33	01:24:28	4:27:32
39	33	KOTARBA MATEUSZ	#KUBAPIECHTEAM	I - M	457	02:15:23	00:49:38	01:22:52	4:27:53



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40	34	DERYŁO MATEUSZ	KONIU SQUAD	I - M	417	01:58:42	01:09:55	01:20:19	4:28:56
41	35	TYKSINSKI RAFAL	EXPRESSMAP	I - M	530	02:17:59	00:49:40	01:22:21	4:30:00
42	36	CHAIEB SEBASTIAN	LEMON TEAM	I - M	408	02:13:53	00:53:24	01:23:57	4:31:14
43	7	KACZMARCZYK MARTA		I - K	439	02:13:41	00:53:41	01:24:23	4:31:44
44	37	SOBOTA PAWEŁ		I - M	520	02:19:09	00:50:47	01:28:32	4:38:28
45	38	WILKOSZ WOJCIECH		I - M	534	02:19:02	00:55:48	01:24:02	4:38:52
46	8	POLUSZYŃSKA DOMINIKA		I - K	506	02:19:27	00:54:26	01:25:40	4:39:34
47	9	CZARDYBON LAURA		I - K	414	02:21:45	00:52:16	01:26:14	4:40:15
48	10	KOLEGOWICZ KLAUDIA	BEFIT24TEAM	I - K	453	02:20:56	00:54:10	01:25:42	4:40:49
49	11	JAŻWIECKA ANITA	MUAY RUNNING TEAM	I - K	437	02:21:21	00:52:48	01:31:41	4:45:50
50	39	BIELECKI DAWID	KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ	I - M	401	02:21:46	00:55:27	01:30:00	4:47:13
51	40	SKOCZYLAS PIOTR	ENDURANCE TEAM	I - M	518	02:19:32	00:55:01	01:33:01	4:47:35
52	41	PŁACHTA TADEUSZ		I - M	504	02:27:57	00:54:17	01:26:25	4:48:39
53	12	SZEWCZYK MARTA	GRAŻYŃKI OCR	I - K	525	02:22:55	00:56:19	01:30:37	4:49:52
54	42	KOCWA RYSZARD	FUNDACJA ARKA	I - M	451	02:26:06	00:55:40	01:30:15	4:52:01
55	43	SIEJAK WOJCIECH		I - M	516	02:30:15	00:54:46	01:27:10	4:52:10
56	44	SĘDZIELEWSKI MICHAŁ	ENDURANCE TEAM	I - M	515	02:29:15	00:57:01	01:27:09	4:53:25
57	45	PASIOŃEK BARTŁOMIEJ	TEAM LESKO	I - M	499	02:34:08	00:53:59	01:25:42	4:53:49
58	46	RADOMIŃSKI TOMASZ	KS BARAKUDA MIŃSK MAZOWIECKI	I - M	511	02:30:01	00:55:18	01:29:02	4:54:20
59	13	MIGAS URSZULA	KONIU SQUAD	I - K	485	02:28:40	00:55:18	01:31:03	4:55:00



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60	14	KOŚCIESZA EMILIA_DIANA	KS BARAKUDA MIŃSK MAZOWIECKI	I - K	456	02:30:01	00:56:32	01:29:43	4:56:16
61	15	PAPROCKA MARTA	SOCIOS SILESIA	I - K	497	02:32:10	00:55:42	01:28:30	4:56:22
62	47	CIEMIĘGA TOMASZ		I - M	413	02:18:07	01:07:45	01:33:09	4:59:01
63	48	JAKUBOWSKI WIESŁAW	ATP AUGUSTÓW	I - M	233	02:27:46	01:02:09	01:32:10	5:02:04
64	49	GŁAZ JACEK	KONIU SQUAD	I - M	426	02:27:49	01:01:39	01:33:53	5:03:21
65	16	WÓLKIEWICZ DOROTA	TEAM ZABIEGANEDNI	I - K	541	02:39:28	00:55:03	01:29:18	5:03:49
66	50	PIERZCHAŁA JACEK	ENDURANCE TEAM	I - M	500	02:43:58	00:52:42	01:27:10	5:03:50
67	51	OLECH GRZEGORZ	LEMON TEAM	I - M	490	02:34:07	00:58:00	01:32:21	5:04:28
68	52	DOMIDER PIOTR	KONIU SQUAD	I - M	418	02:32:42	00:53:49	01:39:37	5:06:08
69	53	KUCIA PAWEŁ		I - M	462	02:29:38	01:00:19	01:36:15	5:06:12
70	54	ŻUKOWSKI GRZEGORZ	ENDURANCE TEAM	I - M	551	02:28:12	00:59:44	01:38:24	5:06:20
71	55	SMOLAREK MARCIN	RUN DE GIRARD	I - M	519	02:29:29	00:58:45	01:38:38	5:06:52
72	56	MOTŁOCH PIOTR		I - M	486	02:30:24	01:00:00	01:36:30	5:06:54
73	17	PINTSCHER PAULINA	EXPRESSMAP	I - K	503	02:32:10	00:57:00	01:37:55	5:07:05
74	57	JELINSKI JAROSLAW		I - M	438	02:27:35	01:02:45	01:36:56	5:07:16
75	18	JAKUBOWSKA ANNA	ATP AUGUSTÓW	I - K	436	02:32:16	01:03:02	01:33:04	5:08:21
76	19	MARCINKOWSKA MARTYNA		I - K	478	02:37:41	01:00:19	01:32:39	5:10:39
77	20	NOWOSIELSKA MAGDALENA	ASICS FRONTRUNNER POLAND	I - K	556	02:31:39	00:59:53	01:39:18	5:10:50
78	21	MATUSIAK-OLECH IZABELA	LEMON TEAM	I - K	479	02:35:19	01:00:11	01:38:15	5:13:45
79	22	NORAS ALINA	ENDURANCE TEAM	I - K	489	02:37:05	01:00:06	01:38:43	5:15:54



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80	58	WĘDZICHA RAFAŁ	EMOTION DRIVE	I - M	532	02:41:03	00:58:50	01:36:07	5:16:00
81	23	GŁUSZKOWSKA MONIKA	TEAM ZABIEGANE DNI	I - K	428	02:39:28	00:57:55	01:39:58	5:17:20
82	24	CHAIEB NATALIA		I - K	407	03:02:28	00:52:09	01:23:57	5:18:34
83	25	PIETROŃ MONIKA	KONIU SQUAD	I - K	501	02:46:04	00:54:16	01:40:11	5:20:31
84	59	ŚLUSARSKI WŁODZIMIERZ	OBOZYBIEGOWE.PL	I - M	527	02:40:26	01:01:16	01:39:50	5:21:32
85	26	MISIUREWICZ ROZANNA	WE RUN CLAN	I - K	558	02:35:34	01:03:41	01:43:28	5:22:43
86	60	GAD SZCZEPAN		I - M	424	02:35:04	01:00:48	01:47:56	5:23:48
87	27	ŻUK-LIPIŃSKA EWELINA	WERUNCLAN	I - K	557	02:49:15	01:03:43	01:32:21	5:25:19
88	28	SAMOJLUK-ŚLUSARSKA BOŻENA	OBOZYBIEGOWE.PL	I - K	514	02:40:28	01:02:54	01:42:29	5:25:51
89	61	WYCZYŃSKI MARCIN		I - M	543	02:46:29	01:02:30	01:40:15	5:29:14
90	29	KRÓLIKOWSKA ANNA	KONIU SQUAD	I - K	459	02:45:28	00:59:59	01:47:44	5:33:11
91	62	FRĄCZEK MICHAŁ	BRONOWICE TEŻ BIEGAJĄ	I - M	423	02:46:33	01:03:32	01:46:37	5:36:42
92	30	CZECH DOROTA	ASICSFRONTRUNNER POLAND	I - K	415	02:46:18	01:05:45	01:46:15	5:38:19
93	31	LEŚNICZAK BARBARA	#WKURW_TEAM	I - K	464	02:52:19	01:00:05	01:46:14	5:38:39
94	32	ZDERSKA ANETA		I - K	547	02:46:00	01:05:14	01:51:43	5:42:56
95	33	MATYNIAK BARBARA	WYZNAWCY BRONKA LIBIĄŻ	I - K	480	02:50:04	01:10:47	01:43:11	5:44:02
96	34	PARTYKA AGNIESZKA	TEAM ZABIEGANEDNI	I - K	498	02:54:15	01:05:22	01:48:58	5:48:35
97	63	ŁĘPICKI MATEUSZ	LEMON TEAM	I - M	472	02:55:26	01:05:59	01:49:07	5:50:32
98	64	FACISZEWSKI ADAM	LEMON TEAM	I - M	421	03:02:27	01:03:43	01:47:25	5:53:35
99	35	GODEK JOANNA	LEMON TEAM	I - K	429	03:02:27	01:03:43	01:47:25	5:53:35



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100	36	STAWIARZ GOSIA	X-TEAM SPECIAL FORCES	I - K	522	02:58:19	01:11:08	01:45:17	5:54:44
101	37	CIEKAŃSKA JOANNA		I - K	411	02:58:14	01:07:10	01:55:51	6:01:15
102	38	DERDA JOANNA	TEAM ZABIEGANEDNI	I - K	416	02:55:15	01:11:51	01:58:22	6:05:28
103	39	ISKRA ALICJA	BŁĘKITNA XVII-TKA	I - K	806	02:56:19	01:11:49	01:58:58	6:07:06
104	65	WOJEWÓDZKI KRZYSZTOF	WOJEWÓDZCY TEAM	I - M	536	03:06:55	01:06:17	01:54:15	6:07:27
105	40	LITKE ANDŻELIKA	EAZYMUT.PL	I - K	470	02:55:19	01:13:00	01:59:17	6:07:36
106	41	ZIARKO AGNIESZKA	SDG	I - K	548	03:06:27	01:07:20	01:56:45	6:10:32
107	42	KUCHCINSKA DIANA		I - K	461	03:10:40	01:07:51	01:52:15	6:10:46
108	43	LISTOPADZKA ANNA	PTASIE SZEPTY	I - K	469	02:48:47	01:09:33	02:14:29	6:12:49
109	66	WÓJCIK JAREK		I - M	540	02:59:44	01:07:16	02:06:26	6:13:26
110	44	WÓJCIK ELIZA	ASICSFRONTRUNNER	I - K	539	02:59:44	01:07:16	02:06:27	6:13:26
111	45	WASA KAROLINA		I - K	531	03:11:22	01:06:19	01:57:12	6:14:52
112	67	KAPAŁKA KRZYSZTOF	STG TARNÓW	I - M	443	02:53:23	01:11:38	02:10:16	6:15:16
113	68	MAĆKOWIAK ARKADIUSZ		I - M	474	03:17:25	01:08:22	01:54:24	6:20:10
114	46	ZIELEZIŃSKA EWA		I - K	549	03:17:25	01:08:22	01:54:24	6:20:10
115	47	KĘDRA-SULEJ AGNIESZKA	WAT / AKS-SOFT TEAM	I - K	445	03:09:27	01:10:44	02:00:53	6:21:05
116	48	KUBECKA ANNA		I - K	460	03:11:24	01:11:18	01:58:25	6:21:07
117	69	SULEJ WOJCIECH	DKWOC / AKS-SOFT TEAM	I - M	524	03:09:27	01:12:16	02:00:53	6:22:37
118	70	PRYMULA STANISŁAW		I - M	509	02:36:14	01:25:45	02:23:28	6:25:27
119	49	BORTNOWSKA JUDYTA		I - K	405	03:14:38	01:12:30	02:04:47	6:31:55



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120	50	WOŹNIAK LIDIA	PORMAT JEDLICZE BIEGA	I - K	538	03:12:09	01:17:30	02:05:15	6:34:54
121	71	PROCHWICZ ARKADIUSZ		I - M	508	03:23:05	01:12:40	02:01:08	6:36:53
122	72	SARAMA ADAM	EXPRESSMAP	I - M	559	03:07:37	01:17:21	02:12:51	6:37:49
123	51	PADEWSKA PATRYCJA		I - K	493	03:23:06	01:15:10	02:01:08	6:39:25
124	52	MAGNUSZEWSKA IZABELA	CARBON SILESIA SPORT	I - K	475	03:11:28	01:23:00	02:05:59	6:40:27
125	53	KOŁACIŃSKA EWELINA	ADIDAS RUNNERS WARSAW	I - K	454	03:23:12	01:18:41	02:08:33	6:50:27
126	54	KALBARCZYK IZABELLA		I - K	440	03:23:19	01:20:35	02:09:37	6:53:30
127	55	KOZAK BEATA	WYBIEGAJ SIEBIE	I - K	119	03:27:09	01:19:19	02:12:42	6:59:10
128	56	SKROŃSKA MONIKA	WYBIEGAJ SIEBIE	I - K	140	03:27:14	01:19:21	02:12:43	6:59:18
129	57	FEDURCZAK JOANNA		I - K	422	03:23:19	01:24:43	02:14:29	7:02:32
130	73	ZAJDEL WOJCIECH		I - M	546	03:31:03	01:18:31	02:17:56	7:07:31
131	58	KAPAŁKA BOŻENA	STG TARNÓW	I - K	442	03:32:07	01:21:47	02:13:58	7:07:52
132	59	KOBYŁKA MAŁGORZATA	SUPERMARATON KALISZ	I - K	450	03:41:34	01:25:44	02:16:55	7:24:13
133	60	FRYŚ-RZEZAK JUSTYNA	WYBIEGAJ SIEBIE	I - K	108	04:01:30	01:18:42	02:23:27	7:43:38
134	61	NIEZNAJ BEATA	ZABIEGANI MIELEC	I - K	488	03:35:20	01:18:48	03:38:45	8:32:53
DNF	DNF	GŁAZ MAGDALENA	KONIU SQUAD	I - K	427	03:27:39	01:09:55	DNS	DNF
DNF	DNF	JAGODZIŃSKA PAULA	ZABIEGANI MIELWC/WKURW_TEAM	I - K	434	04:01:29	01:25:58	DNS	DNF
DNF	DNF	KIM RENATA	TEAM ZABIEGANE DNI	I - K	447	03:31:03	DNS	02:04:21	DNF
DNF	DNF	ŁABĘDŹ ARTUR	ITMBW KRAKÓW	I - M	471	DNS	01:26:01	03:59:06	DNF
DNF	DNF	ORTYL MAGDALENA		I - K	491	04:01:29	01:17:12	DNS	DNF



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DNF	DNF	TUROS MACIEJ	X-TEAM SPECIAL FORCES	I - M	529	02:59:44	DNF	01:45:15	DNF
DNF	DNF	DURAKIEWICZ MARTA	X - TEAM SPECIAL FORCES	I - K	419	02:59:44	DNF	DNS	DNF
DNF	DNF	JAROSZ SARA		I - K	805	DNS	00:48:18	DNS	DNF
DNF	DNF	KOTYCZKA DOMINIK	ASICS FRONTRUNNER POLAND	I - M	118	02:33:07	DNF	DNS	DNF
DNF	DNF	MAZUREK MONIKA	NOWA HUTA TEAM	I - K	483	DNS	DNS	02:23:28	DNF
DNF	DNF	MICEK JAN	LEMON TEAM	I - M	484	03:02:27	DNS	DNS	DNF
DNF	DNF	PAŁUZEWICZ EWA	WISEGRAD MARATON RYTRO	I - K	495	02:09:38	DNS	DNS	DNF
DNF	DNF	PAWŁOWSKI JAN		I - M	803	DNS	01:04:58	DNS	DNF
DNF	DNF	WOJTAROWICZ JUSTYNA		I - K	804	DNS	00:48:09	DNS	DNF
DNF	DNF	BOROŃ SZYMON		I - M	403	DNS	DNS	DNS	DNF
DNF	DNF	GASIOR PAWEL	ROZBIEGANY SUSZ	I - M	425	DNS	DNS	DNS	DNF
DNF	DNF	GRYSZKA PIOTR	J3 TRIATHLON TEAM	I - M	431	DNS	DNS	DNS	DNF
DNF	DNF	KAPTUR JAROSŁAW		I - M	444	DNS	DNS	DNS	DNF
DNF	DNF	KOLACHA PATRYK	STUDIO GTS	I - M	452	DNS	DNS	DNS	DNF
DNF	DNF	KOŚCIELNIAK KACPER	ASICS	I - M	455	DNS	DNS	DNS	DNF
DNF	DNF	LEWOCHA PAWEŁ	HTF LUDWIK SIKORSKI	I - M	467	DNS	DNS	DNS	DNF
DNF	DNF	MAJKUT ANDRZEJ	HARPAGAN TARNOBRZEG	I - M	476	DNS	DNS	DNS	DNF
DNF	DNF	MARCINIAK JANUSZ		I - M	477	DNS	DNS	DNS	DNF
DNF	DNF	PIETRZYKOWSKA KATARZYNA		I - K	502	DNS	DNS	DNS	DNF
DNF	DNF	POGODA JAKUB		I - M	505	DNS	DNS	DNS	DNF



POS OPEN	POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME
DNF	DNF	PORĘBSKA DOROTA	NOWA HUTA TEAM	I - K	507	DNS	DNS	DNS	DNF
DNF	DNF	ROMAŃSKI MACIEJ	TRIDIVISION TRIATHLON TEAM	I - M	512	DNS	DNS	DNS	DNF
DNF	DNF	SODOLSKI ALBERT		I - M	521	DNS	DNS	DNS	DNF
DNF	DNF	TARNOWSKI ŁUKASZ		I - M	528	DNS	DNS	DNS	DNF
DNF	DNF	WITKOWSKA MARIA		I - K	535	DNF	DNS	DNS	DNF
DNF	DNF	ZABOROWSKA ALEKSANDRA		I - K	544	DNS	DNS	DNS	DNF
DNF	DNF	ZACZYŃSKA DAGMARA		I - K	545	DNS	DNS	DNS	DNF