



## KLASYFIKACJA GENERALNA - ZIMOWA TRIADA ETAPOWA - 2022 - INTRO

POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME	DIFF IN CAT
1	KŁODA DOMINIKA	ASICS FRONTRUNNER POLAND	K	364	01:39:56	00:39:55	01:09:10	3:29:01	0:00:00
2	ZIELINSKA WERONIKA	12TR.PL / ASICS FRONTRUNNER POLSKA	K	450	01:43:53	00:42:41	01:14:33	3:41:07	0:12:05
3	RYŚ MARZENA	KONIU SQUAD	K	412	01:51:36	00:47:34	01:20:21	3:59:31	0:30:30
4	LAZAR GRAŻYNA	ENDURANCE TEAM	K	384	01:57:18	00:48:26	01:21:31	4:07:15	0:38:13
5	JAROSZ MARTYNA		K	460	02:08:10	00:44:29	01:18:31	4:11:09	0:42:08
6	SOBCZYK BARBARA		K	457	01:59:11	00:56:11	01:29:39	4:25:02	0:56:00
7	PASIEKA AGNIESZKA	KB ATHLETIC ZREĆIN	K	405	02:14:03	00:53:59	01:26:55	4:34:56	1:05:55
8	WITUSIK DOROTA	BANDA Z MAGURY	K	439	02:14:29	00:54:29	01:31:06	4:40:04	1:11:03
9	PINTSCHER PAULINA	EXPRESSMAP	K	406	02:12:21	00:53:12	01:36:32	4:42:05	1:13:04
10	BAJER MAGDALENA		K	455	02:22:25	00:55:42	01:31:22	4:49:29	1:20:28
11	NOWAK EWELINA	SPARTAN TRAINING GROUP TARNÓW	K	398	02:13:31	01:02:10	01:35:26	4:51:07	1:22:06
12	WILCZEK MAŁGORZATA	RAJSPORT ACTIVE	K	436	02:16:04	00:59:42	01:36:33	4:52:18	1:23:17
13	TOKARSKA BOŻENA	#ADAMCZERWIŃSKITEAM	K	422	02:20:21	01:00:12	01:35:57	4:56:30	1:27:29
14	BŁASZKIEWICZ KLAUDIA		K	308	02:21:17	00:59:06	01:36:08	4:56:30	1:27:29
15	WIELIŃSKA-JACHYMIAK OLGA	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	K	434	02:22:10	00:56:00	01:38:33	4:56:43	1:27:42
16	NORAS ALINA	ENDURANCE TEAM	K	397	02:18:57	01:00:02	01:42:00	5:01:00	1:31:59
17	WĘGRZYNEK MIROŚŁAWA		K	432	02:20:39	00:59:18	01:41:16	5:01:13	1:32:12
18	JARECKA KATARZYNA		K	350	02:20:39	01:00:33	01:40:29	5:01:41	1:32:40
19	GRZYWACZ NATALIA	KS START PUŁASKI	K	346	02:23:20	01:02:43	01:38:39	5:04:43	1:35:42



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20	BŁASZKIEWICZ DOROTA	LEMONTEAM	K	307	02:23:26	01:02:55	01:39:04	5:05:25	1:36:24
21	MATUSIAK-OLECH IZABELA	LEMON TEAM	K	388	02:23:26	01:03:52	01:39:05	5:06:23	1:37:21
22	CHOŁUJ MAŁGORZATA	FUNTRI	K	323	02:30:11	01:00:25	01:41:13	5:11:48	1:42:47
23	HAMUDA BEATA	CREATIVE BOCHNIA BIEGA TEAM	K	347	02:30:12	01:08:56	01:33:25	5:12:33	1:43:32
24	RACZYNSKA MONIKA	CREATIVE BOCHNIA BIEGA TEAM	K	410	02:30:14	01:08:55	01:33:25	5:12:34	1:43:33
25	BUŚ KATARZYNA	GLADIATORS BY RMF4RT	K	316	02:24:07	00:59:48	01:48:48	5:12:43	1:43:42
26	WUDECKA BEATA		K	447	02:24:57	01:05:11	01:51:02	5:21:11	1:52:10
27	KAROLEWSKA ANNA	TEAM KOPEĆ	K	359	02:31:10	01:02:10	01:51:21	5:24:42	1:55:40
28	SYCIN MAŁGORZATA	SĄ WOLNIEJSI	K	419	02:31:20	01:02:18	01:51:10	5:24:47	1:55:46
29	KLIMKIEWICZ MARZENA	RADZYMIN RUN TEAM	K	363	02:34:12	01:00:26	01:53:43	5:28:20	1:59:19
30	CHAIĘB NATALIA	LEMON TEAM	K	318	02:37:46	01:06:00	01:47:36	5:31:22	2:02:20
31	GÓRKA JOLANTA	SUSKA GRUPA BIEGOWA	K	345	02:37:15	01:05:12	01:49:30	5:31:57	2:02:56
32	BOBROWSKA ANNA		K	310	02:30:19	01:09:31	01:55:28	5:35:19	2:06:17
33	JEZIEWSKA KARINA	12TRI.PL / TEAM ZABIEGANEDNI	K	353	02:41:34	01:10:03	01:46:52	5:38:28	2:09:27
34	OSYDA SYLWIA	HTF LUDWIK SIKORSKI	K	403	02:39:00	01:07:02	01:53:29	5:39:31	2:10:29
35	CHOJNOWSKA DOMINIKA	KLUSIATEAM	K	322	02:42:04	01:07:46	01:51:15	5:41:05	2:12:04
36	BEDNARZ ANNA		K	303	02:35:26	01:08:08	01:57:47	5:41:21	2:12:20
37	CZECH DOROTA	ASICSFRONTRUNNER POLAND	K	328	02:35:58	01:14:39	01:51:08	5:41:44	2:12:43
38	BYSTRZYCKA DOROTA	RAJSPOORT ACTIVE	K	317	02:36:03	01:07:27	02:00:18	5:43:48	2:14:47
39	ZDERSKA ANETA		K	449	02:39:19	01:08:38	01:58:21	5:46:17	2:17:16



POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME	DIFF IN CAT
40	BRACICHOWICZ ANNA		K	313	02:40:47	01:18:45	01:53:06	5:52:38	2:23:36
41	BŁOCH BEATA		K	309	02:47:43	01:11:21	01:57:17	5:56:22	2:27:21
42	MOSZCZYŃSKA-GAPIŃSKA ANNA	AGB TORFY	K	395	02:47:43	01:12:08	01:57:17	5:57:09	2:28:07
43	CZARNECKA AGNIESZKA		K	326	02:39:23	01:16:12	02:03:02	5:58:37	2:29:36
44	ROGUSKA KLAUDIA	RADZYMIN RUN TEAM	K	362	02:44:13	00:59:33	02:17:35	6:01:20	2:32:19
45	CHOJNOWSKA BARBARA		K	321	02:47:25	01:11:39	02:02:29	6:01:33	2:32:31
46	WOŹNIAK LIDIA	PORMAT JEDLICZE BIEGA	K	444	02:51:40	01:15:50	02:00:57	6:08:27	2:39:25
47	JARZĄBEK AGNIESZKA	RADZYMIN RUN TEAM	K	351	02:44:13	01:08:43	02:17:35	6:10:31	2:41:29
48	WARDAK AGNIESZKA	RADZYMIN RUN TEAM	K	429	02:48:31	01:09:18	02:17:46	6:15:35	2:46:34
49	MICHNO AGATA	NOWA HUTA TEAM	K	393	02:51:07	01:22:56	02:04:08	6:18:11	2:49:09
50	KURAN HALINA	WATAHA	K	381	02:54:10	01:13:10	02:15:30	6:22:50	2:53:49
51	CZEKALSKA MAGDALENA	NARAMOWICE BIEGAJĄ	K	116	03:30:00	01:01:45	01:55:45	6:27:29	2:58:28
52	STAWIARZ GOSIA	X-TEAM SPECIAL FORCES	K	417	03:04:44	01:23:33	02:04:28	6:32:45	3:03:44
53	DURAKIEWICZ MARTA	X - TEAM SPECIAL FORCES	K	334	03:04:01	01:21:26	02:12:21	6:37:48	3:08:47
54	ZAWADZKA MAGDALENA	AKS POLONIA WARSZAWA	K	448	03:01:15	01:25:06	02:15:58	6:42:19	3:13:18
55	WRZESIŃSKA JOANNA	FORDONRUNNERS	K	446	03:05:04	01:12:53	02:27:39	6:45:36	3:16:35
56	LORENC-KRUSZYŃSKA SYLWIA	FORDONRUNNERS	K	386	03:05:05	01:12:53	02:27:39	6:45:37	3:16:36
57	KAPAŁKA BOŻENA		K	357	03:07:39	01:23:10	02:21:05	6:51:55	3:22:53
58	WOŹNIAK EWA		K	442	03:15:57	01:19:24	02:25:57	7:01:18	3:32:16
59	BARAŃSKA ADRIANNA	SOCIOS SILESIA	K	302	03:13:57	01:34:19	02:35:04	7:23:21	3:54:19



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60	MATUSZCZAK ANGELIKA	STG TARNÓW	K	390	03:37:19	01:23:10	02:25:17	7:25:46	3:56:45
61	KOWALSKA IWONA		K	375	03:37:20	01:23:10	02:25:17	7:25:47	3:56:46
62	KOSTULSKA OLGA	WKURW_TEAM	K	373	03:23:50	01:29:28	02:34:20	7:27:38	3:58:37
63	SIERECKA DOROTA	TEAM ZABIEGANEDNI	K	211	03:36:27	01:42:15	02:31:47	7:50:30	4:21:28
DNF	BULIŃSKA JUSTYNA		K	315	02:39:19	01:08:38	DNS	DNF	
DNF	GŁADYSZ LILIANNA		K	342	02:02:24	00:51:47	DNS	DNF	
DNF	KOŁODZIEJ AGATA	KONIU SQUAD	K	367	DNS	01:13:21	01:30:23	DNF	
DNF	TROJAN ANNA	BEFIT24TEAM	K	424	DNS	01:02:20	01:40:26	DNF	
DNF	WOJTAROWICZ JUSTYNA		K	409	DNS	00:49:43	01:30:43	DNF	
DNF	BAŁDA EWELINA	ASICS FRONTRUNNER POLAND	K	300	03:20:06	DNS	DNS	DNF	
DNF	POŹNIAK-STYCZYŃSKA MAJA	DDC	K	408	DNS	DNS	01:57:41	DNF	
DNF	WALASZCZYK MICHALINA	ASICSFRONTRUNNER POLAND	K	428	02:39:43	DNF	DNS	DNF	
DNF	JOZEFIAK MARTA		K	354	DNS	DNS	DNS	DNF	
DNF	WASILEWSKA AGATA	AKADEMIA MISTRZÓW SPORTU	K	431	DNS	DNS	DNS	DNF	
1	FALKOWSKI KRZYSZTOF	WOODWARD RUNNERS	M	337	01:19:47	00:32:22	00:56:52	2:49:00	0:00:00
2	WRÓBEL PRZEMYSŁAW		M	445	01:23:13	00:33:31	00:59:33	2:56:17	0:07:17
3	GAWRON JANUSZ	BRYGADA BESKIDÓW	M	340	01:23:27	00:33:50	01:00:27	2:57:44	0:08:43
4	URBANEK PATRYK		M	426	01:34:01	00:38:47	01:06:51	3:19:38	0:30:38
5	PANCER MICHAL	ŻÓRAWSKI TEAM	M	404	01:37:56	00:38:10	01:06:56	3:23:02	0:34:01
6	CHWEDCZUK ROBERT	ŻÓRAWSKI TEAM	M	324	01:37:56	00:39:01	01:08:40	3:25:37	0:36:37



POS IN CAT.	NAME	TEAM	CAT	BIB	STAGE 1	STAGE 2	STAGE 3	TOTAL TIME	DIFF IN CAT
7	KĘDZIORA BOGUMIŁ	KONIU SQUAD	M	360	01:37:53	00:40:09	01:09:00	3:27:01	0:38:01
8	BROL PIOTR	ENDURANCE TEAM	M	314	01:40:26	00:41:47	01:07:58	3:30:10	0:41:10
9	LUBIESA JAKUB		M	379	01:44:32	00:42:17	01:12:05	3:38:54	0:49:54
10	ŻURAWIK RAFAŁ	LEMON TEAM	M	454	01:49:16	00:42:31	01:13:29	3:45:16	0:56:15
11	CHAIEB SEBASTIAN	LEMON TEAM	M	319	01:49:16	00:43:22	01:15:54	3:48:33	0:59:32
12	BORYCKI ARTUR		M	312	01:49:55	00:49:04	01:19:16	3:58:14	1:09:14
13	STAJER TOMASZ	ENDURANCE TEAM	M	416	01:52:21	00:49:33	01:19:58	4:01:53	1:12:52
14	JURECZKO SZYMON		M	356	01:55:13	00:46:47	01:20:00	4:02:00	1:13:00
15	KOWALCZYK RAFAŁ	ASICSFRONTRUNNER	M	374	01:58:27	00:47:52	01:21:08	4:07:28	1:18:27
16	KŁOS ŁUKASZ	ASICS FRONTRUNNER POLAND	M	365	01:57:35	00:50:05	01:23:52	4:11:32	1:22:32
17	ŻUKOWSKI GRZEGORZ	ENDURANCE TEAM	M	453	02:00:06	00:49:45	01:25:37	4:15:28	1:26:28
18	TYKSINSKI RAFAL	EXPRESSMAP	M	425	02:02:35	00:51:33	01:21:29	4:15:37	1:26:37
19	CHMIELARCZYK JAROSŁAW		M	320	01:57:31	00:50:44	01:30:36	4:18:51	1:29:50
20	LEWOCHA PAWEŁ	HTC LUDWIK SIKORSKI	M	385	01:58:57	00:53:35	01:27:39	4:20:12	1:31:11
21	DULNIK MARCIN	ASICS FRONTRUNNER	M	333	02:01:25	00:56:02	01:23:16	4:20:43	1:31:43
22	BEDNARZ FRANCISZEK		M	304	02:05:16	00:53:57	01:26:34	4:25:47	1:36:47
23	BOROWIEC BORYS	CREATIVE BOCHNIA BIEGA TEAM	M	311	02:06:55	00:54:10	01:26:25	4:27:30	1:38:29
24	NOWAK KRZYSZTOF	SPARTAN TRAINING GROUP TARNÓW	M	399	02:12:55	00:56:45	01:31:36	4:41:16	1:52:16
25	PALUCH MATEUSZ	XBRAIN TEAM	M	458	02:13:54	00:55:23	01:33:04	4:42:21	1:53:21
26	SKOCZYLAS PIOTR	ENDURANCE TEAM	M	415	02:10:27	00:53:56	01:38:14	4:42:37	1:53:37



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27	DYRDA RADOŚLAW		M	335	02:13:55	00:58:38	01:33:06	4:45:39	1:56:39
28	NIECHWIEJ MICHAŁ	NIERÓWNOPODSUFITEM	M	396	01:40:35	00:54:40	02:14:05	4:49:20	2:00:20
29	MŁYNARCZYK KRZYSZTOF	ANDRYCHÓW RUNNING	M	456	02:22:25	00:55:44	01:31:22	4:49:31	2:00:31
30	JURCZENKO MARCIN	ITMBW KRAKÓW	M	355	02:18:14	00:57:32	01:34:01	4:49:47	2:00:47
31	WITKOWSKI ŁUKASZ		M	438	02:16:03	00:59:40	01:36:34	4:52:16	2:03:16
32	KOŁODZIEJ MIROŚLAW		M	368	02:20:13	00:57:07	01:36:24	4:53:45	2:04:44
33	BEDNARZ JÓZEF		M	305	02:21:09	01:01:57	01:35:03	4:58:09	2:09:09
34	STRZELECKI FILIP	8 *	M	418	02:24:18	01:00:28	01:37:26	5:02:12	2:13:11
35	OLECH GRZEGORZ	LEMON TEAM	M	401	02:20:04	01:03:07	01:39:37	5:02:48	2:13:48
36	MAZGAJ KONRAD	KONIU SQUAD	M	391	02:19:26	01:00:40	01:43:46	5:03:52	2:14:52
37	WIELOWSKI PAWEŁ	MICROSOFT RUNNING TEAM	M	435	02:24:08	01:02:40	01:40:38	5:07:26	2:18:26
38	OSSOWSKI ARKADIUSZ	PROJEKT1000UP/RUNEDA	M	402	02:23:21	01:08:04	01:39:01	5:10:27	2:21:26
39	GÓRKA BOGUSŁAW	SUSKA GRUPA BIEGOWA	M	344	02:37:15	01:04:55	01:29:09	5:11:19	2:22:18
40	KOENIG KRZYSZTOF	PROFIAUTOTEAM	M	366	02:28:38	00:58:27	01:45:02	5:12:07	2:23:07
41	ŻOŁYNIAK SZYMON		M	452	02:24:07	00:59:38	01:48:48	5:12:33	2:23:33
42	CZARNECKI RAFAŁ		M	327	02:24:36	01:16:12	01:40:31	5:21:18	2:32:18
43	MAJKA LESZEK	X-TEAM SPECIAL FORCES	M	387	02:32:14	01:06:21	01:48:36	5:27:11	2:38:11
44	KUCIA PAWEŁ		M	380	02:27:01	01:09:32	01:55:25	5:31:59	2:42:59
45	GILEWSKI BARTŁOMIEJ	KLUSIATEAM	M	341	02:42:05	01:07:46	01:51:15	5:41:05	2:52:05
46	OKROJEK LESZEK	RAJSPOORT ACTIVE	M	400	02:36:01	01:07:24	02:00:17	5:43:42	2:54:42



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47	KĘPSKI GRZEGORZ		M	361	02:29:28	01:01:26	02:17:56	5:48:50	2:59:50
48	DOMIDER PIOTR	KONIU SQUAD	M	332	02:45:14	01:09:45	02:00:04	5:55:03	3:06:02
49	TOKARSKI RAFAŁ		M	423	02:39:23	01:16:07	02:03:01	5:58:31	3:09:31
50	WARDAK TOMASZ	RADZYMIN RUN TEAM	M	430	02:48:31	01:09:18	02:17:45	6:15:34	3:26:34
51	WOJEWÓDZKI KRZYSZTOF	WOJEWÓDZCY TEAM	M	441	02:59:31	01:15:06	02:01:00	6:15:37	3:26:37
52	MICHOŃ ARTUR	JESTEM W RUCHU	M	394	02:50:25	01:19:36	02:09:12	6:19:13	3:30:13
53	PISKORZ SEBASTIAN		M	407	02:54:10	01:13:08	02:15:30	6:22:48	3:33:48
54	CZEKALSKI TOMASZ	NARAMOWICE BIEGAJĄ	M	117	03:30:00	01:02:53	01:55:44	6:28:37	3:39:37
55	KROMER LUDWIK		M	378	03:00:21	01:23:01	02:05:57	6:29:19	3:40:19
56	WIECZOREK ANDRZEJ		M	433	02:54:53	01:24:57	02:12:08	6:31:59	3:42:58
57	SENDROWSKI TOMASZ		M	413	03:15:57	01:19:22	02:25:57	7:01:16	4:12:16
DNF	CYGANEK MATEUSZ		M	325	01:47:10	DNS	01:10:20	DNF	
DNF	WOŹNIAK JANUSZ	PORMAT JEDLICZE BIEGA	M	443	02:13:49	00:55:59	DNS	DNF	
DNF	ZWAAN JOHAN	LOS AFRICANOS	M	451	02:37:04	01:20:54	DNS	DNF	
DNF	KAPAŁKA KRZYSZTOF	STG TARNÓW	M	358	DNS	DNS	01:12:03	DNF	
DNF	SZCZAPA KAROL	12TRI.PL	M	420	02:31:02	DNS	DNS	DNF	
DNF	ENGLISZ MACIEJ	ENDURANCE TEAM	M	336	DNS	DNS	DNS	DNF	
DNF	GAWLIKOWSKI ROBERT	ENDURANCE TEAM	M	339	DNS	DNS	DNS	DNF	